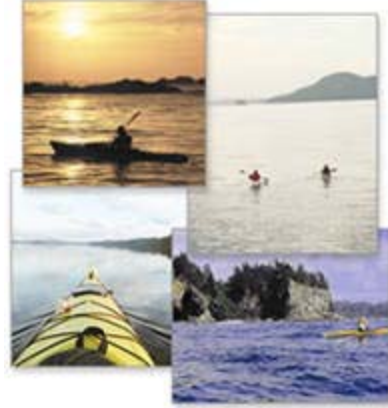


Sea Kayaking

Unlike river kayaks a sea kayak is more stable and paddling is easy to learn. We will guide you through the techniques, offer safety information and go at a pace that ensures your enjoyment of the experience. We offer one and two person kayaks.

We offer kayaks and canoes for all abilities and no experience is necessary!

Our rental fleet consists of Ocean Kayaks, Dagger Canoes and Kayaks and Perception Kayaks. Rentals are allowed on lakes, bays and other sheltered water only. Sorry, no rentals for surf or rivers.



Freshwater Bay

This 1/2 day guided trip, located just west of Port Angeles, is spent exploring the rugged coastline of the Strait of Juan de Fuca for Sea Lions, Bald Eagles, Harbor Seals, Otters and a wide array of sea birds. Experience the scenic wonder of our abundant marine life while we paddle among the kelp beds. (No, you cannot keep the salmon that jumps on your boat unless you have a license!) (\$69 per person plus tax)

April through October 8:30 am and 1 pm
November through March by appointment

Lake Aldwell

This trip is 2 hours on the water paddling lazily on this secluded lake just west of Port Angeles. Up close views of Bald Eagles, Osprey, Trumpeter Swans (winter only) and water fowl are common on this lake nestled in the Elwha Valley in the shadow of the Olympic Mountains. Awesome sunsets on mountains and glaciers when the weather allows. (\$42 per person plus tax)

April through October 10:30 am, 1:30 pm, 4:30 pm and 2 hrs. before sunset
November through March by appointment

Dungeness Spit/National Wildlife Refuge

Known for it's abundant wildlife, spectacular scenery and historic lighthouse, this natural, 7 mile long spit is becoming known as a real hidden treasure by area kayakers. We'll take you, just don't tell anyone! We spend the morning paddling out to the lighthouse while keeping an eye out for marine mammals and the wide array of seabirds. After lunch we'll tour the lighthouse and head back to the launch enjoying the panoramic views of the snow-capped Olympic Mountains. It's a full day trip. (\$99 per person plus tax)

April through October 8:30 am
November Through March by appointment

Kayak/Canoe Rental Pricing <i>Prices subject to change</i>						
	1 hr.	2 hr.	4 hr.	8 hr.	24hr.	extra days
Single Kayak	\$18	\$25	\$30	\$40	\$50	\$20
Double Kayak	\$22	\$30	\$40	\$50	\$60	\$30
Canoe	\$20	\$30	\$35	\$45	\$55	\$25

Boats are available from one hour to one week. Although roof racks are available for off site rentals, we have free delivery to beautiful Lake Aldwell. Call for availability and pricing.

WHITewater AND SEA KAYAK CLASSES

The earth is 3/4 water, don't limit yourself to 1/4 of the fun! We offer a variety of classes and clinics for beginners and veteran paddlers. Small class sizes with an expert instructor help you learn faster!

Don't see a class that fits your schedule? Call us for more info on private instruction!

Last Updated: August 19th, 2004

Our classes are designed to maximize your learning potential and minimize your time and money output. On average we offer the smallest class sizes around to make sure you get the most one-on-one instruction possible. Your kayaking questions get answered by professional instructors who take the time to listen to your needs.

We accept Visa, MasterCard, Discover, personal checks and offer payment plans. Please call or email for our convenient dates and times.

Deb Volturmo: Deb has been kayaking for over 20 years and teaching for 14 years. She has recently moved to Port Angeles from Northern California where she taught kayaking and trained kayak instructors, led tours, and managed kayak shops. She is an ACA certified Instructor Trainer Educator, the highest certification offered by the American Canoe Association. Deb is an active member of the Tsunami Rangers, an extreme kayaking club where she is the only female with an officer ranking. Deb has contributed to many kayaking books and videos including "Sea Kayaking: Getting Started", "Surf Kayaking Fundamentals, and "Sea Kayaking Safety and Rescue". She currently teaches High School as well as being a kayak instructor for Olympic Raft & Kayak, the Washington Kayak Club and others.

Hypothermia & Cold Water Immersion This one hour class will thoroughly immerse you in useful knowledge to help you understand the effects of cold water on your body and mind. Dr. Sam Baker will show slides, have handouts and teach you about drysuits and wetsuits and how they help maximize your survival time in our cold water environment.

April 16th, 2004
Call for dates

Intro to Sea Kayaking Our extensive series of weekly classes (seven in all) cover a wide range of kayaking skills with a professional instructor (or two). You will be learning the basics including kayak design, equipment, dress, paddling techniques and safety techniques all in an informal and fun atmosphere. By the end of the series you should feel comfortable paddling on or local lakes, bays and other sheltered waters. We provide all the necessary equipment.

Next Class: Offered Spring, Summer and Fall Quarters through Peninsula College. Fall '04 classes start in September, will be held 3 hours a day, once a week for 7 weeks. Call for more details.

Intermediate I Sea Kayaking is a follow-up class to the Intro to Sea Kayaking class & beyond. Review your kayaking skills and begin developing new ones as we practice and polish paddle strokes, learn the powerful applications of edging techniques, and delve into the process of decision-making and problem solving on the water. We'll also cover eskimo rolling, navigation, towing, tides and currents and chart reading. This course is designed to enhance your paddling skills, in addition to developing the mental skills and judgement for safer kayaking. 20 hours total instruction Fee: \$165 + \$10 rental of kayak and \$5 rental of wetsuit/booties each class. Instructor, Deb Volturmo

June, 2004
Starting September 12th, 2004. Held every Sunday thru October 10th, 1 pm to 5 pm
Call for more dates

[Intermediate II Sea Kayaking](#) - This is a follow-up to our Intermediate I Sea Kayaking class. We'll continue learning more of: eskimo rolling, navigation, trip planning, edging, towing, on-water problem solving and other skills. We'll also go to more paddling locations. 18 hours total instruction. Fee: \$150 + \$10 rental of kayak and \$5 rental of wetsuit/booties each class. Instructor: Deb Volturno

Starting on Monday, August 30th through October 11th, 5pm to 8 pm (no class September 6th)

[Forward Stroke Clinic](#) - Here is an opportunity to fine tune your forward stroke. Did you realize that you can take up to three thousand strokes per hour? That's a lot of stress and strain on your body if you aren't doing it correctly. Join Deb for two hours on the water while you get your stroke technique critiqued and videoed. We'll then spend 1.5 hours watch the video and fine tuning your technique. The video is a powerful learning tool. Cost: \$49, add \$20 for kayak, gear and wetsuit rental

Wednesday, July 7th, 5 pm to 8:30

[Introduction to Self & Assisted Rescue](#) - A must for any kayaker, this class introduces you to the "wet exit" (how to get out of a kayak while under water), paddle float rescue (how to use a paddle float to re-enter your kayak) and the "T" rescue (how to get your buddy back into their kayak).

Available any time. Call for availability and cost.

[Edging](#) - Learning to maneuver your kayak by edging (or leaning) your kayak is the next step to controlling your kayak in a variety of conditions. We will practice edging techniques while reinforcing basic paddling strokes. We will also incorporate a few more advanced strokes to add to your repertoire. Time: 3 hours Location: Beautiful Lake Aldwell Prerequisite: Intro to Kayaking Class or basic Self and Assisted Rescue Techniques Instructor: Deb Volturno, ACA Instructor Trainer Educator Fee: \$39, add \$20 for kayak, gear and wetsuit rental

Call for dates

[Open Water Rescue Techniques](#) - Take what you know about rescues out into open water and practice. Fine-tune your rescue skills in a controlled open water environment with some wind and waves. More advanced rescue techniques and adaptations will also be introduced and practiced. This is a great opportunity to put what you already know about rescues to the test, as well as a chance to build your confidence in open water. This is a cold water class so wetsuits or dry suits are mandatory. Time: 3 Hours Place: TBA Prerequisite: Edging & Intermediate Rescue Class Instructor: Deb Volturno, ACA Instructor Trainer Educator Fee: \$39, add \$20 for kayak, gear and wetsuit rental

Call for dates

[Problem Solving Techniques for Sea Kayakers - Safety Scenarios](#) - This is an intermediate to advanced class where we practice situational kayaking scenarios on the water. Practice teamwork, decision making, and problem solving as a variety of scenarios are "encountered" throughout the day. You will be honing your kayaking skills and trying out different equipment while working to solve unexpected challenges. Each exercise will be debriefed afterwards. Prerequisite: Competent with self and assisted rescue skills, comfort on the water. Fee: \$39 for the 3 hour class, \$49 for the 4 hour class.

Call for dates

[Fundamentals of Trip Planning and Navigation](#) - Learn the fundamentals of Trip Planning, Navigation, Chart Reading and more while paddling the rugged coastline between Freshwater Bay and Salt Creek. Time: 9:00 am to 3:00 pm Place: Meet at Olympic Raft & Kayak Headquarters Prerequisite: Intro to Kayaking Class or equivalent Instructor: Deb Volturno, ACA Instructor Trainer Educator Fee: \$30, add \$10 for kayak, gear and wetsuit rental

Call for dates

Surf Zone Class - Learn to safely negotiate the surf zone by kayak. Learn launching and landing techniques, bracing skills, and gain knowledge about waves, sets, and the surf zone environment. This is a must for any kayaker wanting to paddle where there are waves breaking on shore. It is also the first step on learning how to surf in your kayak. Place: Hobuck Beach, Makah Bay
Prerequisite: Edging & Intermediate Rescue Class Instructor: Deb Volturno, ACA Instructor Trainer Educator Fee: \$79, add \$20 for kayak, gear and wetsuit rental. Instructor, Deb Volturno

Sunday, July 25th, 9:30 to 3:30
Saturday, September 25th, 9:30 to 3:30
Call for dates

Kayak Surfing Class - This class teaches you how to surf a kayak, whether you prefer a sea kayak or whitewater kayak. After an introduction and demonstration, you will be given individualized attention depending on your skill level. You will follow your own learning curve while learning to read the waves and gain techniques for surfing your kayak safely. Place: Hobuck Beach, Makah Bay
Prerequisite: Surf Zone Class Instructor: Deb Volturno, ACA Instructor Trainer Educator Fee: \$79, add \$20 for kayak, gear and wetsuit rental. Save \$10 if you sign up for the Surf Zone Class!

Call for dates

Intermediate Surfing Clinic - Kayaking surfing techniques and reading the waves are the focus of this class. We will be using whitewater kayaks to practice ruddering, cut-backs, bottom turns and maybe even roller coasters and spins. This class is taught by a former member of the US Surf Kayak Team and is sure to offer improvement in your surf kayaking skills, whether you are just beginning kayak surfing or want to fine-tune your kayak surfing skills. Location: to be announced.
Prerequisite: Pool roll, kayak surfing class or equivalent. Instructor: Deb Volturno, ACA Instructor Trainer Educator Fee: \$79, add \$20 for kayak, gear and wetsuit rental

Call for dates

Introduction to Rock Garden Paddling - Begin the process of learning how to paddle safely in the dynamic "rock garden" environment from one of the country's best and most qualified teachers. This is a class that introduces you to how to paddle in and around rocks, how to recognize hazards, safe spots and play spots. Depending on conditions, we may even get inside a sea cave. Place: Strait of Juan de Fuca Prerequisite: Please Call Instructor: Deb Volturno, ACA Instructor Trainer Educator Fee: \$49, add \$20 for kayak, gear and wetsuit rental

Friday, July 23rd, 2004, 5 pm to 9 pm
Saturday, October 30th, time TBA
Call for dates

Eskimo Rolling - Learn how to roll faster in a controlled environment. We'll show you the correct techniques to learn the eskimo roll so you can stay in your kayak. This class is taught at our shop in the Spring and Summer. Fee: Private, one-on-one instruction \$30 for one hour, \$50 for two hours.

Starting May 1st, available every day at your convenience. Call for an appointment.

Instructor Development Workshop (IDW) - ACA Certification is the standard for quality instruction throughout the United States. This is an intensive 3 day workshop that is designed to prepare participants for the American Canoe Association Open Water Instructor Certification Exam (ICE). It is a comprehensive course covering safety, technique, group management and teaching methodology through sessions in the classroom and on the water. It is assumed that participants have good paddling skills over a broad range of conditions, and it is preferred that they also have some teaching experience although not necessary. This workshop is a prerequisite of the ICE.
Instructor: Deb Volturno, ACA Instructor Trainer Educator Location: Neah Bay, Washington Date: June 13, 14, and 15 Fee: \$200

Intro to Whitewater Kayaking I - We cover the basic fundamentals to get you started in the sport of whitewater kayaking. We'll thoroughly immerse you in learning about whitewater kayaks and paddles, river wear, entering and exiting your kayak and basic paddling techniques. Instruction includes learning river dynamics with a strong focus on safety. We'll spend time on flat water

getting you feeling comfortable and then hit the river. You'll then learn about eddys, ferrying, and paddling in moving water and in mild whitewater. You'll get started learning eskimo rescues, eskimo rolling, surfing and other useful techniques. This is a four day class. (\$120 per person, add \$25 for equipment rental)

Call for dates

[Intro to Whitewater Kayaking II](#) - We'll expand on what you've previously learned and add more whitewater paddling, surfing, more rolling instruction and an introduction to playboating techniques. This is a two day class. (\$95 per person, add \$15 for equipment rental)

Call for dates

[Introduction to Whitewater Safety](#) - Ready for some intense learning? We'll start with a Friday evening get together with land-based instruction and videos. Saturday and Sunday will be all day instruction on the river including throw bagging, river crossing, swimming, strainer swim, entrapment, boat pins, wraps, anchor and pulley systems, and much more. Over 15 hours of instruction! Cost: \$95 per person

Call for dates

[Playboating 101](#) - Are you ready for some real fun? We'll spend two evenings introducing you to the moves that you see in all those videos! You'll start learning dynamic surfing, cartwheels, flat spins, stalls, splats and more. \$59

Call for dates, prices subject to change.

A & B Pro Guides

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